

PASSPORT

STROKE REHAB ROTATION



Welcome to Stroke Rehab!

While rotating through the rehab units we want you to gain as many high-yield experiences as possible, so we've created this "Passport" to help you seek them out in a structured way.

In addition to participating in daily rounds with attending rehab physicians, you will need to document completion of at least 5 of the listed learning experiences to fulfill the rotation requirements.

As you interact with members of the rehab team to complete these learning experiences, you should focus on achieving the following objectives:

- Understand the natural history of stroke-related deficits and the time course for recovery in patients with hemiplegia, aphasia, neglect syndromes, neurogenic pain, sensory abnormalities, spasticity and motor planning/sequencing deficits
- Understand the etiology and management of shoulder pain/dysfunction post stroke
- Understand dysphagia and how the appropriate food and liquid consistencies are determined by speech therapists
- Develop methods for effective communication with aphasic patients
- Recognize key factors that influence the recovery of walking abilities post stroke
- Learn about emerging diagnostic and treatment strategies for hemispatial neglect

Experience	Date	What material was covered/what resident learned	Supervised by
Work through a treatment plan for botox and/or baclofen management in Rehab Clinic (including procedural skills if attending deems appropriate for trainee's level)		<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	
Neuropsychology: Attend rounds/meet with Neuropsychology (1 hour) and review common behavioral/pharmacological management strategies for post-stroke depression		<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	
Shadow with Case Management (1 hour) to learn about community discharge planning and barriers to discharge		<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	

Experience	Date	What material was covered/what resident learned	Supervised by
OT: Observe an OT session for evaluation and treatment of hemineglect (1 hour)		<hr/> <hr/> <hr/> <hr/> <hr/>	
PT: Observe one 30-minute PT session for a stroke patient and discuss rationale for treatment plan with therapist and review the assessment of tone using the Modified Ashworth Scale		<hr/> <hr/> <hr/> <hr/> <hr/>	
SLP: Observe a treatment session with Speech Therapy using Vitalstim for dysphagia recovery (including patient education, 1 hour)		<hr/> <hr/> <hr/> <hr/> <hr/>	
SLP: Observe a modified barium swallow study and review results with Speech Therapy (including patient education, 1 hour)		<hr/> <hr/> <hr/> <hr/> <hr/>	